

Year 8 PE

Learning Programme 2

The LORIC skill focus for this LP is: ORGANISATION. The Moral Values foci for this LP are: COMPASSION and HONESTY. Compassion - sympathy and concern for the suffering or misfortunes of others Honesty - being truthful and refraining from cheating or lying		Literacy Non-Negotiables: - Capital letters must be used at the start of sentences and for the first letter of proper nouns - Full stops must be used at the end of a sentence - Question marks must be used at the end of a question - Apostrophes should only be used for possession or omission - Days of the week and months must be spelled correctly - Key words must be spelled correctly - Vocabulary to be taught using the Frayer model	
What will I be learning about in this Learning Programme? In LP2 I will know how to master fundamental movement skills and knowledge of team games. I will know the rules and regulations of different team sports and look at more advanced skills to outwit opponents.			
Where have I seen this learning before? In LP1 I will know about the component of fitness required to take part in team sports.			
What could I use it for? I will know how to outwit an opponent and use at KS4/BTEC level when undertaking different unit of work. For example, at BTEC we conduct a unit called Unit 2 Technical and Tactical Demands which demonstrates the skills required to outwit an opponent. For example, Football; a set piece is a rehearsed plan of how to attack in order to try to outwit an opponent to create an opportunity to score.			
In LP2.1, I will know:	19/10/26 - (WK 2)	Frayer Model Words	Homework
what I will be learning during this LP and organise how I will be assessed throughout the LP how to plan passing and movement drills demonstrating fluency and confidence how to model accurate footwork when receiving the ball on the move		Attack, defence, technique, opponents, agility, outwit.	Use the 'Look, cover, write, check' method to list the key training principles/key terms of your sport or activity.
In LP2.2, I will know:	02/11/26 - (WK 1)	Frayer Model Words	Homework
how to model passing and movement skills effectively and with defender pressure how to use different dodging strategies to move into space in a conditioned game		Attack, defence, technique, opponents, agility, outwit.	
LP2 RLW, I will:	09/11/26 - (WK 2)	Frayer Model Words	Homework
review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.		Attack, defence, technique, opponents, agility, outwit.	
In LP2.3, I will know:	16/11/26 - (WK 1)	Frayer Model Words	Homework
how to model dodging skills and move away from a defender within a game situation how to evaluate my own performance highlighting areas for strengths and areas for development how to investigate the different positions and the rules surrounding those positions Extended Task.		Attack, defence, technique, opponents, agility, outwit.	Make flashcards on the tactics you could use within your sport/activity to gain an advantage (e.g. how to get a head start)
In LP2.4, I will know:	23/11/26 - (WK 2)	Frayer Model Words	Homework
how to complete PRT Task 1 how to demonstrate skills learnt with fluency and control how to review my performance in PRT Task 1		Attack, defence, technique, opponents, agility, outwit.	
In LP2.5, I will know:	30/11/26 - (WK 1)	Frayer Model Words	Homework
how to pass the ball over increasing distances how to develop power and accuracy when passing the ball		Attack, defence, technique, opponents, agility, outwit.	Create a mind-map of the key movements in your sport/activity.
In LP2.6, I will know:	07/12/26 - (WK 2)	Frayer Model Words	Homework
how to complete Assessment 1 how to model a range of techniques learnt during the LP Extended Task.		Attack, defence, technique, opponents, agility, outwit.	
In LP2.7, I will know:	14/12/26 - (WK 1)	Frayer Model Words	Homework
how to evaluate my own performance highlighting areas for strengths and areas for development how to complete a range of activities to improve my weaknesses		Attack, defence, technique, opponents, agility, outwit.	
Resources to support learning:			
Teams and knowledge organisers.			
FFET Award Challenge for this Learning Programme:			
Year 8 – Watch a sports game/event create a poster on that sport/game and the rules and regulations that athletes must follow.			


PRT Task 1


PRT Task 2