

Year 10 PE

Learning Programme 2

The LORIC skill focus for this LP is: ORGANISATION. The Moral Values foci for this LP are: COMPASSION and HONESTY. Compassion - sympathy and concern for the suffering or misfortunes of others Honesty - being truthful and refraining from cheating or lying		Literacy Non-Negotiables: - Capital letters must be used at the start of sentences and for the first letter of proper nouns - Full stops must be used at the end of a sentence - Question marks must be used at the end of a question - Apostrophes should only be used for possession or omission - Days of the week and months must be spelled correctly - Key words must be spelled correctly - Vocabulary to be taught using the Frayer model	
What will I be learning about in this Learning Programme? Pupils will create new defensive and attacking strategies to improve their team performance. Pupils should be able to recognise the importance of responding to changing situations within the game in attack and defence. Pupils will be constantly faced with strategic and tactical decisions based on movement of the ball into space and choice of skill execution.			
Where have I seen this learning before? In LP1 you learnt about the component of fitness required to take part in team sports.			
What could I use it for? Students can use this skill to outwit an opponent and use at KS4/BTEC level when undertaking different unit of work. For example, at BTEC we conduct a unit called Unit 2 Technical and Tactical Demands which demonstrates the skills required to outwit an opponent. For example, Football; a set piece is a rehearsed plan of how to attack in order to try to outwit an opponent to create an opportunity to score			
In LP2.1, I will know:	19/10/26 - (WK 2)	Frayer Model Words	Homework
how to compare and contrast the different attacking principles through the use of width and speed. how to demonstrate a variety of passes with good accuracy, control and fluency. how to evaluate the effectiveness of my passing in a game situations		Attack, defence, technique, opponents, agility, outwit.	Use the 'Look, cover, write, check' method to list the key training principles/key terms of your sport or activity.
In LP2.2, I will know:	02/11/26 - (WK 1)	Frayer Model Words	Homework
how to compare defender positions in order to outwit opponents using advanced skills. how to develop team tactics of attack, including use space and playing forward how to outwit a defender implementing strategic and tactical play		Attack, defence, technique, opponents, agility, outwit.	
LP2 RLW, I will:	09/11/26 - (WK 2)	Frayer Model Words	Homework
review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.		Attack, defence, technique, opponents, agility, outwit.	
In LP2.3, I will know:	16/11/26 - (WK 1)	Frayer Model Words	Homework
how to demonstrate good ball control and maintain possession in competitive situations how to explain the benefits of strategic and tactical approaches to outwit opponents how to evaluate my own performance and adapt to changing game situations Extended Task.		Attack, defence, technique, opponents, agility, outwit.	Make flashcards on the tactics you could use within your sport/activity to gain an advantage (e.g. how to get a head start)
In LP2.4, I will know:	23/11/26 - (WK 2)	Frayer Model Words	Homework
how to replicate numerous defence skills including zonal and man-to-man marking how to understand the benefits of strategic and tactical approaches to outwit opponents how to evaluate my own performance and adapt to changing game situations. Complete PRT Task 1		Attack, defence, technique, opponents, agility, outwit.	
In LP2.5, I will know:	30/11/26 - (WK 1)	Frayer Model Words	Homework
how to understand the positions and strategic formation used to prevent attack from opposition how to develop strategic and tactical plays in a competitive situation		Attack, defence, technique, opponents, agility, outwit.	Create a mind-map of the key movements in your sport/activity.
In LP2.6, I will know:	07/12/26 - (WK 2)	Frayer Model Words	Homework
Assessment Task 1 - I will know how to demonstrate outstanding knowledge and understanding of the rules and regulations of a team sport know how to demonstrate skills and tactical decision making in a competitive game Extended Task.		Attack, defence, technique, opponents, agility, outwit.	
In LP2.7, I will know:	14/12/26 - (WK 1)	Frayer Model Words	Homework
how to develop set plays within a game situation to defend and attack effectively how to evaluate my performance in this learning programme and performance against the assessment grid how to plan in small groups an activity to improve weaknesses identified in self-evaluation.		Attack, defence, technique, opponents, agility, outwit.	Use a method of your choice to revise the rules for your sport/activity.
Resources to support learning: Teams and knowledge organisers.			
FFET Award Challenge for this Learning Programme: Year 10 – Watch different sporting events, games or races either in person or online and identify the key rules and regulations that officials follow in the game (e.g. a football referee)			

PRT Task 1

PRT Task 2