

KS4 Curriculum Plan

Year 10	PSHE TOPIC	LP1	LP2	LP3	LP4	LP5
		<i>Independence, Health Choices and Wellbeing</i>	<i>Navigating the Online World</i>	<i>Friendship, Diversity and Challenging Extremism</i> <i>Managing Influence</i>	<i>Managing Influence</i>	<i>Exploring Consent and Recognising Abuse</i>
	Knowledge	Pupils will be supported to make informed, healthy and responsible health choices, including exploring donation, testicular cancer and breast awareness.	Pupils will understand the impacts and risks of AI and digital technologies, including misinformation, deepfakes, and sharing images.	Pupils will be supported in challenging bullying and harmful attitudes, promoting inclusion, and recognising and responding to extremism. Pupils will explore money, its influence and if it can be trusted.	Pupils will evaluate online content, understand harmful attitudes such as misogyny, and recognise the impact of content on wellbeing, attitudes and behaviour.	Pupils will deepen their understanding of consent, and recognise, challenge and seek support for harmful behaviours or abuse.
	Procedural knowledge	Through the skills of reading and listening comprehension, discussion and debate, and reflecting deeply within the KS3 programme pupils will have the knowledge to use this curriculum to live their lives safely and happily, treating others with care and respect. They have the knowledge to make their own informed lifestyle decisions (within the law), and to maintain their own self-care.				
	Key Vocab	Education, Revision, Health, Active, Menstruation, Donation, Choice	Cancer, Awareness, Prevention, Artificial, Limitation, Generative, Relationship	Technology, Protection, Perpetuate, Bullying, Witness, Cohesion, Legitimate	Radical, Platform, Trustworthy, Misogyny, Narrative, Addiction, Wellbeing	Readiness, Dangerous, Persuasion, Misconception, Force, Reporting, Aspiration
	Be More	LP1	LP2	LP3	LP4	LP5
		<i>Citizenship</i>	<i>Politics</i>	<i>Careers</i>	<i>Democracy and Justice</i>	<i>Economy</i>
		Pupils will look at how they are part of their local community; how and why people migrate and how it effects society. They will look at refugees and asylum seeking whilst exploring how to maintain respect and belonging in society.	Pupils will learn how to tell if a country id democratic; they will explore Parliament and its functions; how we can how leaders to account and why free press is important for democracy. Pupils will also look at how social media and digital technology impact our democracy..	Pupils will reflect on their career journeys so far, they will explore employer profiles and what sort of career may be best for them. They will explore what works the best out of in person, hybrid and remote working, as well as looking at wellbeing in the workplace. Pupils will begin their preparations for work experience..	Pupils will explore how grassroots campaigns operate and what speaking truth is to power. They will explore how citizens can change the law and how to defend human rights and challenge injustice.	Pupils will look at how sustainable our future is and how to take action on sustainability, laws to protect the environment and how bills are debated in parliament.

Year 11	PSHE TOPIC	LP1	LP2	LP3	LP4	LP5
		<i>Life-long Wellbeing</i>	<i>Drugs and Personal Safety</i>	<i>Safe Relationships and Sexual Health</i>	<i>Families, Fertility and Pregnancy</i>	
	Knowledge	Pupils will revisit and build on learning about their mental health, explore strategies that support wellbeing, especially when managing workload and preparing for exams.	Pupils will understand the risks linked to substance use and gang involvement, manage external influences, and develop strategies to stay safe and seek support.	Pupils will recognise healthy and unhealthy relationship behaviour, explore power and control, set boundaries, manage conflict and breakups, and make informed decisions about sexual health.	Pupils will explore family life, including committed relationships, parenting responsibilities, fertility and routes to parenthood, and options in the case of unplanned pregnancies.	
	Procedural knowledge	Through the skills of reading and listening comprehension, discussion and debate, and reflecting deeply within the KS3 programme pupils will have the knowledge to use this curriculum to live their lives safely and happily, treating others with care and respect. They have the knowledge to make their own informed lifestyle decisions (within the law), and to maintain their own self-care.				
	Key Vocab	Education, Challenges, Distractions, Habit, Anxiety, Stress, Bereavement	Struggle, Risk, Influence, Consequences, Gang, Belong, Enable	Gender, Manipulation, Exploitation, Boundary, Appropriate, Contraception, Transmission	Commitment, Legal, Parent, Fertility, Pregnancy, Abortion	
	Be More	LP1	LP2	LP3	LP4	LP5
		<i>Careers</i>	<i>Politics</i>	<i>Democracy and Justice</i>	<i>Economy</i>	
		Pupils will explore their employability skills and their Post 16 choices. They will look at choosing their post 16 pathways – apprenticeships and higher education and research voluntary work. Pupils will also look at whether AI is a threat to our jobs.	Pupils will explore how they can get involved in politics, how different countries govern themselves, what a political party is and what they stand for, and how the media operates during elections.	Pupils will explore who makes the law and where it comes from and why we need criminal and civil law; they will look at the role of citizens in the judicial process and explore their rights and legal responsibilities. They will also ask how other countries punish lawbreakers and whether prisons work.	Pupils will know where the governments money comes from and how they decide to spend it. They will explore tax and know how much of our pay goes to the government, they will look at credit and debt and the role they can play in the UK economy.	