

Year 9 Be More Learning Programme 5

<p>The LORIC skill focus for this LP is: COMMUNICATION. The Moral Values foci for this LP are: COURAGE and HUMILITY.</p> <p>Courage - Acting with bravery and overcoming fears. I will show courage by answering a question in class even when I'm not 100% sure of the answer. Humility - Having a modest view of oneself. I will show humility by admitting mistakes and asking for help when needed.</p>		<p>Literacy Non-Negotiables:</p> <ul style="list-style-type: none"> • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly • Vocabulary to be taught using the Frayer model
<p>What will I be learning about in this Learning Programme? You will be developing your self-confidence, risk management and strategies to manage influence, through looking at friendship challenges, gangs and violent crime, drugs and alcohol misuse and assertive communication.</p>		
<p>Where have I seen this learning before? You will be building on topics you have looked at in Year 7 and 8, including strategies to support your wellbeing.</p> <p>What could I use it for? You will build upon your learning in this LP in every PSHE lesson throughout the rest of your time at BHA, so you will add to this knowledge lesson by lesson.</p>		

In LP5.1, I will know:	11/05/26 - (WK 1)	Frayer Model Words	Homework
how to manage difficulties and challenges in friendships how to budget as a adult how to show courage by taking responsibility for my actions		violence	
In LP5.2, I will know:	18/05/26 - (WK 2)	Frayer Model Words	Homework
how to assertively communicate values and beliefs in challenging situations why we need laws on equality in the UK how to show humility by being considerate of the needs of others		crime	
LP5 RLW, I will:	01/06/26 - (WK 1)	Frayer Model Words	Homework
review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.			
In LP5.3, I will know:	08/06/26 - (WK 2)	Frayer Model Words	Homework
how to recognise warning signs or unhealthy coping strategies, including self-harm and eating disorders why people migrate how to show courage by challenging misconceptions		friendship	
Extended Task.			
In LP5.4, I will know:	15/06/26 - (WK 1)	Frayer Model Words	Homework
strategies to manage pressure to join a gang and/or engage in substance use, anti-social behaviour or violent crime what labour market information is how to show humility by listening and not interrupting others		assertive	
In LP5.5, I will know:	22/06/26 - (WK 2)	Frayer Model Words	Homework
how to evaluate attitudes and social norms in relation to substance use whether conflict is a children's rights issue how to show courage by aspiring to be more and dreaming bigger		disorder	
In LP5.6, I will know:	29/06/26 - (WK 1)	Frayer Model Words	Homework
how to recognise new opportunities that change can bring what information the labour market provides me with how to show humility by being curious about others		bereavement	
Extended Task.			
In LP5.7, I will know:	06/07/26 - (WK 2)	Frayer Model Words	Homework
strategies for managing loss and change and how to empathise with, and show compassion for peers the benefits and drawbacks of controlling immigration how to show courage by being confident to be myself		strategy	

PRT Task 1

PRT Task 2

<p>Resources to support learning: For support, please see your school nurse, AR teacher, learning coach or head of learning to organise a time to discuss. www.youngminds.org.uk www.nhs.uk www.papyrus-uk.org www.commonsensemedia.org www.nsncc.org.uk</p>

<p>FFET Award Challenge for this Learning Programme: To create a factsheet on positive relationships</p>
