

Year 8 Be More Learning Programme 5

The LORIC skill focus for this LP is: COMMUNICATION. The Moral Values foci for this LP are: COURAGE and HUMILITY.		Literacy Non-Negotiables: <ul style="list-style-type: none"> • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly • Vocabulary to be taught using the Frayer model 	
Courage - Acting with bravery and overcoming fears. I will show courage by answering a question in class even when I'm not 100% sure of the answer. Humility - Having a modest view of oneself. I will show humility by admitting mistakes and asking for help when needed.			
What will I be learning about in this Learning Programme? You will be exploring healthy relationships, boundaries and consent, the risks of sexting and how to manage conflict.			
Where have I seen this learning before? You will be building on knowledge you gained in Year 7 and developing your strategies for seeking support.			
What could I use it for? You will build upon your learning in this LP in every PSHE lesson throughout the rest of your time at BHA, so you will add to this knowledge lesson by lesson.			
In LP5.1, I will know: about the features of healthy and unhealthy relationships, including online what the climate has in common with careers how to show courage by taking responsibility for my actions	11/05/26 - (WK 1)	Frayer Model Words	Homework
healthy			
In LP5.2, I will know: how to assertively communicate and negotiate boundaries in relationships why we need laws on equality in the UK how to show humility by being considerate of the needs of others	18/05/26 - (WK 2)	Frayer Model Words	Homework
relationship			
LP5 RLW, I will: review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.	01/06/26 - (WK 1)	Frayer Model Words	Homework
In LP5.3, I will know: about contraception and how to access advice and support in relation to sexual health why people migrate how to show courage by challenging misconceptions	08/06/26 - (WK 2)	Frayer Model Words	Homework
consent			
Extended Task. In LP5.4, I will know: how to manage requests to share intimate images, including where, when and how to report concerns how different careers can be 'green jobs' how to show humility by listening and not interrupting others	15/06/26 - (WK 1)	Frayer Model Words	Homework
conflict			
In LP5.5, I will know: skills and strategies to manage conflict whether conflict is a children's rights issue how to show courage by aspiring to be more and dreaming bigger	22/06/26 - (WK 2)	Frayer Model Words	Homework
substance			
In LP5.6, I will know: how to make positive, informed decisions relating to substances, including drugs, alcohol and nicotine use what sustainable degrees are how to show humility by being curious about others	29/06/26 - (WK 1)	Frayer Model Words	Homework
misuse			
Extended Task. In LP5.7, I will know: about the laws relating to substances the benefits and drawbacks of controlling immigration how to show courage by being confident to be myself	06/07/26 - (WK 2)	Frayer Model Words	Homework
county			
Resources to support learning: For support, please see your school nurse, AR teacher, learning coach or head of learning to organise a time to discuss. www.youngminds.org.uk www.nhs.uk www.papyrus-uk.org www.commonssensemedia.org www.nscoc.org.uk			
FFET Award Challenge for this Learning Programme: To create a factsheet on laws concerning substance usage			


 PRT Task 1


 PRT Task 2