

Year 7 Be More Learning Programme 5

<p>The LORIC skill focus for this LP is: COMMUNICATION. The Moral Values foci for this LP are: COURAGE and HUMILITY.</p> <p>Courage - Acting with bravery and overcoming fears. I will show courage by answering a question in class even when I'm not 100% sure of the answer. Humility - Having a modest view of oneself. I will show humility by admitting mistakes and asking for help when needed.</p>		<p>Literacy Non-Negotiables:</p> <ul style="list-style-type: none"> • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly • Vocabulary to be taught using the Frayer model
<p>What will I be learning about in this Learning Programme? You will be exploring healthy relationship and relationship boundaries, as well as how to recognise unwanted contact. You will begin to look at anti-social behaviour and peer influence in relation to substance misuse and crime.</p>		
<p>Where have I seen this learning before? You will have studied relationships at KS2 and looked at how laws are made during Citizenship lessons.</p> <p>What could I use it for? You will build upon your learning in this LP in every PSHE lesson throughout the rest of your time at BHA, so you will add to this knowledge lesson by lesson.</p>		

In LP5.1, I will know:	11/05/26 - (WK 1)	Frayer Model Words	Homework
<p>how to safely access help for myself or others if concerned about FGM or forced marriage</p> <p>how I can manage my money</p> <p>how to show courage by taking responsibility for my actions</p>		boundary	
In LP5.2, I will know:	18/05/26 - (WK 2)	Frayer Model Words	Homework
<p>how to assertively communicate and negotiate boundaries with friends and in other relationships, including online</p> <p>why we need laws on equality in the UK</p> <p>how to show humility by being considerate of the needs of others</p>		contact	
LP5 RLW, I will:	01/06/26 - (WK 1)	Frayer Model Words	Homework
<p>review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.</p>			
In LP5.3, I will know:	08/06/26 - (WK 2)	Frayer Model Words	Homework
<p>how to seek help for myself or others, in relation to unwanted contact</p> <p>why people migrate</p> <p>how to show courage by challenging misconceptions</p> <p>Extended Task.</p>		forced	
In LP5.4, I will know:	15/06/26 - (WK 1)	Frayer Model Words	Homework
<p>how to perform first aid, including CPR, the use of defibrillators, choking and basic treatment for common injuries</p> <p>what tax is and what I will have to pay</p> <p>how to show humility by listening and not interrupting others</p>		marriage	
In LP5.5, I will know:	22/06/26 - (WK 2)	Frayer Model Words	Homework
<p>skills and strategies to make responsible decisions and manage situations in relation to drugs, alcohol and tobacco</p> <p>whether conflict is a children's rights issue</p> <p>how to show courage by aspiring to be more and dreaming bigger</p>		influence	
In LP5.6, I will know:	29/06/26 - (WK 1)	Frayer Model Words	Homework
<p>strategies to manage pressure to join a gang</p> <p>how to reflect on my career journey and set goals for the future</p> <p>how to show humility by being curious about others</p> <p>Extended Task.</p>		behaviour	
In LP5.7, I will know:	06/07/26 - (WK 2)	Frayer Model Words	Homework
<p>strategies to avoid involvement in anti-social behaviour or violent crime</p> <p>the benefits and drawbacks of controlling immigration</p> <p>how to show courage by being confident to be myself</p>		safety	
Resources to support learning:			
<p>For support, please see your school nurse, AR teacher, learning coach or head of learning to organise a time to discuss.</p> <p>www.youngminds.org.uk www.nhs.uk</p> <p>www.papyrus-uk.org www.commonsensemedia.org</p> <p>www.nsncc.org.uk</p>			
FFET Award Challenge for this Learning Programme:			
<p>To create a guide for teenagers on Basic First Aid skills</p>			

