

Year 11 Health and Social Care Learning Programme 4

<p>The LORIC skill focus for this LP is: INITIATIVE. The Moral Values foci for this LP are: INTEGRITY and GRATITUDE.</p> <p>Integrity - Having strong moral principles. I will show integrity by taking responsibility for my actions. Gratitude - Feeling and expressing thanks. I will show gratitude by saying please and thank you.</p> <p>What will I be learning about in this Learning Programme? Component 3 Health and Wellbeing.</p> <p>Where have I seen this learning before? Component 1: Human Lifespan and Development & Component 2: Health and Social Care Services.</p> <p>What could I use it for? Factors impacting an individual, physical diseases and illnesses, different services available to support individuals.</p>	<p>Literacy Non-Negotiables:</p> <ul style="list-style-type: none"> • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly • Vocabulary to be taught using the Frayer model
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In LP4.1, I will know:	09/03/26 - (WK 2)	Frayer Model Words	Homework
different life stages and the links to PIES - Physical and Intellectual different life stages and the links to PIES - Emotional different life stages and the links to PIES - Social		Social	Define the 6 Cs of care

In LP4.2, I will know:	16/03/26 - (WK 1)	Frayer Model Words	Homework
psychological factors and the steps that can be taken to reduce them - lack of motivation and low self-esteem psychological factors and the steps that can be taken to reduce them - acceptance of current state psychological factors and the steps that can be taken to reduce them - anxiety and stress		psychological	Create a spider diagram of inherited conditions that can be passed down from parents to their kids

In LP4.3, I will know:	23/03/26 - (WK 2)	Frayer Model Words	Homework
resource barriers and how to overcome them - time constraints and availability of resources resource barriers and how to overcome them - unachievable targets and lack of support resource barriers and how to overcome them - other factors specific to individuals like disability, health conditions and addiction		barriers	Attempt the allocated 6 mark exam question - see teacher

In LP4.4, I will know:	13/04/26 - (WK 1)	Frayer Model Words	Homework
steps that can be taken to improve health and wellbeing - heart rate and blood pressure steps that can be taken to improve health and wellbeing - healthy weight and physical activity steps that can be taken to improve health and wellbeing - quitting smoking, sensible alcohol consumption and stopping substance misuse		mental health	Create a plan that supports someone with dementia and engages their social and intellectual abilities

In LP4.5, I will know:	20/04/26 - (WK 2)	Frayer Model Words	Homework
primary roles in H&S care - what they are and how they help secondary roles in H&S care - what they are and how they help voluntary roles in H&S care - what they are and how they help		pharmacist	Attempt the allocated 4 mark exam question - see teacher

In LP4.6, I will know:	27/04/26 - (WK 1)	Frayer Model Words	Homework
types of support and how they impact the individual - emotional support types of support and how they impact the individual - information, advice types of support and how they impact the individual - practical help - finances, childcare, transport, etc		cardiologist	Attempt the allocated 6 mark exam question - see teacher

In LP4.7, I will know:	04/05/26 - (WK 2)	Frayer Model Words	Homework
the training and safeguarding required in H&S care in different health care roles the training and safeguarding required in H&S care in different social care roles		safeguarding	Explain why training is crucial for the working in H&SC.

Resources to support learning: Knowledge Organisers, Resource Packs, Pearsons Website, Government Social Care and Health Care Services, BBC Bitesize
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FFET Award Challenge for this Learning Programme: To research the local councils social care sector, understand what the priorities of the local council are and why these, in your opinion, suit the needs of the local area.
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PRT Task 1

PRT Task 2