

## Year 11 PE

### Learning Programme 3

The LORIC skill focus for this LP is: RESILIENCE The values for this LP are RESPECT and JUSTICE Respect - treat others how you would wish to be treated yourself. Justice - our College rules are fair and reasonable			<b>Literacy Non-Negotiables:</b> <ul style="list-style-type: none"><li>• Capital letters must be used at the start of sentences and for the first letter of proper nouns</li><li>• Full stops must be used at the end of a sentence</li><li>• Question marks must be used at the end of a question</li><li>• Apostrophes should only be used for possession or omission</li><li>• Days of the week and months must be spelled correctly</li><li>• Key words must be spelled correctly</li><li>• Vocabulary to be taught using the Frayer model</li></ul>
<b>What will I be learning about in this Learning Programme?</b> Pupils will further develop the ability to outwit opponents and teams using strategies and tactics. Pupils will further develop the ability to outwit opponents and teams using strategies and tactics. Pupils will perform and replicate the skills of passing, control, dribbling, shooting and defensive movements. Pupils should evaluate performances giving constructive feedback and develop the ability to become a reflective learner.			
<b>Where have I seen this learning before?</b> In LP1 you learnt about the component of fitness required to take part in team sports.			
<b>What could I use it for?</b> Pupils can use this skill to outwit an opponent and use at KS4/BTEC level when undertaking different unit of work. For example, at BTEC we conduct a unit called Unit 2 Technical and Tactical Demands which demonstrates the skills required to outwit an opponent. For example, Football; a set piece is a rehearsed plan of how to attack in order to try to outwit an opponent to create an opportunity to score. Generally pupils can develop their own performance in sport and team games.			
<b>In LP3.1, I will know:</b>	<b>05/01/26 - (WK 2)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
How to evaluate and replicate attacking principles through the use of width and speed to develop control and passing skills. How to demonstrate a variety of passes with accuracy, control and fluency.		Attack, defence, technique, outwit, opponents, agility.	Use the 'Look, cover, write, check' method to list the key training principles/key terms of your sport or activity.
<b>In LP3.2, I will know:</b>	<b>12/01/26 - (WK 1)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
How to evaluate the effectiveness of my passing in a game situations. How to analyse defender positions in order to outwit opponents using advanced skills of dummies and fakes to develop my principles of attack. How to evaluate team tactics of attack, including use space and playing forward.		Attack, defence, technique, outwit, opponents, agility.	Create a list of the positions (team sports) or events in your sport (athletics)
<b>In LP3.3, I will know:</b>	<b>19/01/26 - (WK 2)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
How to outwit a defender implementing strategic and tactical play. How to demonstrate outstanding ball control and maintain possession in competitive situations. How to analyse the benefits of strategic and tactical approaches to outwit opponents.		Attack, defence, technique, outwit, opponents, agility.	Make flashcards on the tactics you could use within your sport/activity to gain an advantage (e.g. how to get a head start)
<b>In LP3.4, I will know:</b>	<b>26/01/26 - (WK 1)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
How to evaluate my own performance and adapt to changing game situations. How to accurately replicate numerous defence skills including zonal and man-to-man marking to develop my defending. How to analyse the benefits of strategic and tactical approaches to outwit opponents. Extended Task.		Attack, defence, technique, outwit, opponents, agility.	Practice some of the key techniques that are used within your sport/activity at home.
<b>In LP3.5, I will know:</b>	<b>02/02/26 - (WK 2)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
How to evaluate my own performance and adapt to changing game situations. Complete PRT Task 1 How to evaluate teams effectiveness to stop attacks from the opposition. How to develop advanced strategic and tactical plays.		Attack, defence, technique, outwit, opponents, agility.	Use a method of your choice to revise the rules for your sport/activity.
<b>In LP3.6, I will know:</b>	<b>09/02/26 - (WK 1)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
How to accurately replicate numerous defence skills including zonal and man-to-man marking to develop my defending. How to demonstrate advanced skills and tactical decision making in a competitive game.		Attack, defence, technique, outwit, opponents, agility.	Create a mind-map of the key movements in your sport/activity.
<b>LP3 RLW, I will:</b>	<b>23/02/26 - (WK 2)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.		Attack, defence, technique, outwit, opponents, agility.	Create a strengths and weaknesses list/table for your chosen sport around your knowledge.
<b>In LP3.7, I will know:</b>	<b>02/03/26 - (WK 1)</b>	<b>Frayer Model Words</b>	<b>Homework</b>
To develop advanced set plays within a game situation to defend and attack effectively. How to evaluate my performance in this learning programme and performance against the assessment grid. How to plan an activity to improve weaknesses identified in self-evaluation. Extended Task.		Attack, defence, technique, outwit, opponents, agility.	Use a method of your choice to revise the rules for your sport/activity.
<b>Resources to support learning:</b> Knowledge organisers and lesson material on synergy.			
<b>FFET Award Challenge for this Learning Programme:</b> Watch different sporting events, games or races in person or online and identify key rules and regulations that officials follow in the game and signals that are given by the umpire/ref/official (e.g. a football referee) – challenge – try to officiate your own game/sport or join an online course for officiating.			

PRT Task 1

PRT Task 2