

Year 11 Health and Social Care Learning Programme 3

The LORIC skill focus for this LP is: RESILIENCE The values for this LP are RESPECT and JUSTICE Respect - treat others how you would wish to be treated yourself. Justice - our College rules are fair and reasonable			Literacy Non-Negotiables: <ul style="list-style-type: none">• Capital letters must be used at the start of sentences and for the first letter of proper nouns• Full stops must be used at the end of a sentence• Question marks must be used at the end of a question• Apostrophes should only be used for possession or omission• Days of the week and months must be spelled correctly• Key words must be spelled correctly• Vocabulary to be taught using the Frayer model
What will I be learning about in this Learning Programme? Component 3 Health and Wellbeing.			
Where have I seen this learning before? Component 1: Human Lifespan and Development & Component 2: Health and Social Care Services.			
What could I use it for? Factors impacting an individual, physical diseases and illnesses, different services available to support individuals.			
In LP3.1, I will know: the impact of economic factors on health and wellbeing. the impact of environmental factors on health and wellbeing - Ignition Activity - exam prep session. the impacts of housing needs on an individual.	05/01/26 - (WK 2)	Frayer Model Words	Homework Design a healthy set of meals for one day using the eat well guide and only 2500Kcals.
In LP3.2, I will know: the expected and unexpected life events. the health indicators: pulse and blood pressure. the health indicators: peak flow and BMI.	12/01/26 - (WK 1)	Frayer Model Words	Homework Write a list of diseases excessive drinking can cause and the impact each can have on an individual.
In LP3.3, I will know: what is meant by an inactive lifestyle and its impact on a person. what the steps of a person-centred approach are - PRT. care values: empowerment, dignity, respect and types of communication.	19/01/26 - (WK 2)	Frayer Model Words	Homework Explain two different cultural barriers that stop people from accessing health care.
In LP3.4, I will know: care values: anti-discriminatory practise, confidentiality and safeguarding. about health and wellbeing plans and the setting appropriate goals. about health and wellbeing plans and the setting appropriate goals. Extended Task.	26/01/26 - (WK 1)	Frayer Model Words	Homework Make a list of how the environmental conditions of Stoke-on-Trent can impact the health and wellbeing of the local people.
In LP3.5, I will know: the types of formal support: Health Centre (GP), Pharmacy, Dental Surgery and Opticians. the types of formal support: Dietician, Physiotherapist, Art/Music Therapist, Speech and Language Therapist, Advocate, Domiciliary Care Worker, Clinical Support Staff. the types of informal support for those with additional needs.	02/02/26 - (WK 2)	Frayer Model Words	Homework Make an alcohol units graph comparing how many units are in each type of alcohol.
In LP3.6, I will know: potential obstacles to accessing health and social care services. the types of emotional and psychological obstacles. the impact time constraints has on accessing health and social care.	09/02/26 - (WK 1)	Frayer Model Words	Homework Explain in a PEE paragraph, the impact that alcohol can have on a middle aged man suffering with low mood.
LP3 RLW, I will: review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.	23/02/26 - (WK 2)	Frayer Model Words	Homework
In LP3.7, I will know: the effect of availability or lack of resources on an individual. how unachievable targets impacts the development or treatment of an individual. how specific individual factors can impact someone and how to overcome them effectively, including barriers. Extended Task.	02/03/26 - (WK 1)	Frayer Model Words	Homework Make a spider diagram about how unsupportive relationships can impact the PIES of an individual.
Resources to support learning: Knowledge Organisers, Pearsons website, Pearsons Set Assignment booklet, research from online services, or speak to your teacher about alternative resources.			
FFET Award Challenge for this Learning Programme: Create your own scenario and explore the problems affecting development, the services available and the barriers to accessing these services.			

PRT Task 1

PRT Task 2