



Design a healthy set of meals for one day

Make an alcohol units graph comparing how

Year 11 Health and Social Care

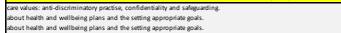
Learning Programme 3

the impact of economic factors on health and wellbeing.

In LP3.1, I will know:	05/01/26 - (WK 2)	Frayer Model Words	Homework
	illnesses, different services available to support individuals.		
What could I use it for?			Key words must be spelled correctly Vocabulary to be taught using the Frayer model
Component 1: Human Lifespan and Development & Co	imponent 2: Health and Social Care Services.		spelled correctly
Where have I seen this learning before?			Days of the week and months must be
			Apostrophes should only be used for possession or omission
			a question
Component 3 Health and Wellbeing.	me:		 Question marks must be used at the end of
What will I be learning about in this Learning Programs	me?		sentence
			Full stops must be used at the end of a
Justice - our College rules are fair and reasonable	·		nouns
Respect - treat others how you would wish to be	treated yourself.		sentences and for the first letter of proper
The values for this LP are RESPECT and JUSTICE			Capital letters must be used at the start of
The LORIC skill focus for this LP is: RESILIENCE			Literacy Non-Negotiables:

the impact of environmental factors on health and wellbeing - Ignition Activity - exam prep session. the impacts of housing needs on an individual.		economic	using the eat well guide and only 2500Kcals.
In LP3.2, I will know:	12/01/26 - (WK 1)	Frayer Model Words	Homework
the expected and unexpected life events.			Write a list of diseases excessive drinking can
the health indicators: pulse and blood pressure.			cause and the impact each can have on an
the health indicators: peak flow and BMI.		indicator	individual.

what is meant by an inactive lifestyle and its impact on a person.		Explain two different cultural barriers that stop
what the steps of a person-centred approach are - PRT.		people from accessing health care.
care values: empowerment, dignity, respect and types of communication.	empowerment	



Make a list of how the environmenta conditions of Stoke-on-Trent can impact the health and wellbeing of the local people.

Frayer Model Words

he types of formal support: Health Centre (GP), Pharmacy, Dental Surgery and Opticians. he types of formal support: Dietician, Physiotherapist, Art/Music Therapist, Speech and Language Therapist, Advocate, Domiciliary Care Worker, Clinical

Support Staff. he types of informal support for those with additional needs.

09/02/26 - (WK 1) Frayer Model Words Explain in a PEE paragraph, the impact that otential obstacles to accessing health and social care services. the types of emotional and psychological obstacles. alcohol can have on a middle aged man obstacles

the impact time constraints has on accessing health and social care. suffering with low mood.

review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.

Make a spider diagram about how he effect of availability or lack of resources on an individual.

unsupportive relationships can impact the ow specific individual factors can impact someone and how to overcome them effectively, including barriers. PIES of an individual. barriers

nowledge Organisers, Pearsons website, Pearsons Set Assignment booklet, research from online services, or speak to your teacher about alternative resources.

Create your own scenario and explore the problems affecting development, the services available and the barriers to accessing these services.

