

Year 9 Be More Learning Programme 3

The LORIC skill focus for this LP is: RESILIENCE The values for this LP are COMPASSION and HONESTY Respect - treat others how you would wish to be treated yourself. Justice - our College rules are fair and reasonable		Literacy Non-Negotiables: <ul style="list-style-type: none"> Capital letters must be used at the start of sentences and for the first letter of proper nouns Full stops must be used at the end of a sentence Question marks must be used at the end of a question Apostrophes should only be used for possession or omission Days of the week and months must be spelled correctly Key words must be spelled correctly Vocabulary to be taught using the Frayer model 	
What will I be learning about in this Learning Programme? I will be learning about healthy intimate relationships, particularly safe sex and contraceptive choices. I will also be learning about the media and how to look after myself online.			
Where have I seen this learning before? During Y7 and Y8, I will have learnt about what makes a healthy relationship, I will have also learnt about our lives online and wellbeing.			
What could I use it for? You will build upon your learning in this LP in every PSHE lesson throughout the rest of your time at BHA, so you will add to this knowledge lesson by lesson.			
In LP3.1, I will know:		05/01/26 - (WK 2)	Frayer Model Words
how to evaluate the different methods of contraception available and know when each one might be suitable. what a democracy is and what key features democratic communities have. how to show respect by actively listening to others.		Barrier	Homework
In LP3.2, I will know:		12/01/26 - (WK 1)	Frayer Model Words
how to access confidential sexual and reproductive health advice and treatment. how to bring all of my knowledge together and make a plan for my option choices. how to show justice by speaking up when something is not right.		Confidential	Homework
In LP3.3, I will know:		19/01/26 - (WK 2)	Frayer Model Words
what STIs are, how they are transmitted, and ways to prevent them. what rights are and which rights children are entitled to. how to show respect by being punctual and not wasting the time of others.		Asymptomatic	Homework
In LP3.4, I will know:		26/01/26 - (WK 1)	Frayer Model Words
what HIV is, how it is transmitted, its transmission rates, and how it affects the immune system. the difference between a 'need' and a 'want', and be able to give examples of each. how to show justice by being inclusive and accepting everyone regardless of our differences. Extended Task.		Transmitted	Homework
In LP3.5, I will know:		02/02/26 - (WK 2)	Frayer Model Words
the risks of sharing personal information and personal images online. what equality is and understand how the Equality Act 2010 protects people against discrimination and inequality. how to show respect by taking care of the school property.		Personal	Homework
In LP3.6, I will know:		09/02/26 - (WK 1)	Frayer Model Words
the laws around pornography and explain how pornography can cause harm. how to take initiative in my career journey and apply it to life experiences. how to show justice by supporting others and seeking help when required. what discrimination is and describe some of the effects of it upon individuals and groups in society.		Illegal	Homework
LP3 RLW, I will:		23/02/26 - (WK 2)	Frayer Model Words
review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.			Homework
In LP3.7, I will know:		02/03/26 - (WK 1)	Frayer Model Words
the signs of online addiction and explain how to manage screen time. different barriers that can get in the way of our careers journeys. how to show respect by recognising and celebrating the achievements of myself and others. Extended Task.		Addiction	Homework
Resources to support learning: For support, please see your school nurse, AR teacher, learning coach or head of learning to organise a time to discuss. www.youngminds.org.uk www.nhs.uk www.papyrus-uk.org www.commonssensemedia.org www.nspcc.org.uk			
FFET Award Challenge for this Learning Programme: To create a poster on the different types of contraception to promote safe sex.			


 PRT Task 1


 PRT Task 2