

## **PSHE**



KS3 Curriculum Plan						
	LP1	LP2	LP3	LP4	LP5	
TOPIC	Rights Responsibilities and British Values Politics and Parliament	Celebrating Equality and Diversity Celebrating Differences	Life Beyond School - Managing Change Health and Well - Puberty and Body Development	Relationships and Sex Education Friends, Respect and Relationships	Staying Safe Online and Offline	
Year 7	Pupils will know why politics is important and how our country is run. They will understand the role of the Prime Minister and the role of the Monarchy, whilst also exploring political debating, elections, and campaigning.	Pupils will explore how Britian is multicultural. They will explore the importance of being king whilst learning about learning disabilities, prejudices, and discrimination and how to challenge islamophobia.	and Body Development looking at girls' and boys' puberty, personal hygiene and growing up including the 'your body' rules.	Pupils will finish Puberty Body Development by looking at self-esteem, tooth decay and dental health. Pupils will explore consent and boundaries, respect in relationships. They will examine what makes a good friend and online relationships; they will know why it is important to be positive, but also know how to respond to pressure, influence, and friendships.	The final topic of the year will focus on avoiding gangs and criminal behaviour; and online gaming, grooming and addiction. Pupils will understand the risks associated with alcohol nicotine, smoking and vaping, energy drinks and nicotine. Pupils will also consider knife crime and their own safety.	
Procedural Knowledge	Reading and listening comprehension, discussion and debate.					
Key Vocab	Politics, Parliament, Democracy, Prime Minister, Monarchy, Commonwealth, Election, Government.	Community, Immigration, Multiculturalism, Disabilities, Prejudice, Discrimination, Equality, Government, Legislation.	Puberty, Menstrual Cycle, Erection, Wet-dream, Body Odor, Hygiene, Self-esteem.	Consent, Boundaries, Friendship, Relationship, Confident, Assertive.	Gang, Criminal, Addiction, Grooming, Legal, Consequence.	

		LP1	LP2	LP3	LP4	LP5	
то	PIC	Rights Responsibilities and British Values Law, Crime and Society	Celebrating Equality and Diversity Equality and Diversity	Life Beyond School - Proud to be Me Health and Well - Physical Health and Mental Wellbeing	Relationships and Sex Education Identity Relationships and Sex Education	Staying Safe Online and Offline Dangerous Society Online and Offline	
Year 8	owledge	then explore the criminal justice systems and how laws are made before exploring prisons, reform and punishments and forming their own opinions on	will explore gender equality, ableism and disability discrimination, racism, and discrimination. Pupils will explore how we remove barriers and create equality for all. During this LP pupils will move onto <b>Proud to be</b> Me looking specifically at employability and enterprise skills, careers and aspirations and exploring a wide	esteem and how it is influenced by the media; the importance of happiness and understanding what makes them angry and how to respond to it. During this LP they will move into <b>Physical Health and Mental</b>	Pupils will finish <b>Physical Health and Mental Wellbeing</b> by looking at cholesterol, healthy eating, and stress management. Pupils will then look at ways they can be themselves and be happy in themselves, explore healthy relationships and the concept of love, knowing ways to deal with conflict. They will look at using contraception and explore different sexual orientations.	Pupils will explore the concept on County Lines and substance misuse; they will explore cyberbullying and online grooming and child exploitation. Finally, pupils will look at the risks of alcohol and the consequences of over consumption.	
	ocedural owledge	Reading and listening comprehension, discussion and debate.					
Key	y Vocab		Equality, Homosexuality, Homophobia, Stereotype, Ableism, Colonisation, Racism, Disability.	•	Relationship, Healthy, Unhealthy, Abstinence, Contraception, Pregnancy, Conflict, Prejudice, Stereotypes, Homophobic.	County Lines, Recruit, Exploit, Gang, Target, Discrimination, Intimidation, Bullying, cyberbullying, Grooming, Catfishing, Consequence.	

	LP1	LP2	LP3	LP4	LP5	
TORIC	Rights Responsibilities and British Values Combatting Extremism	Celebrating Equality and Diversity Sex, the Law and Consent	Life Beyond School - Essential Life Skills Health and Well - Body Confidence	Relationships and Sex Education Contraception and STIs	Staying Safe Online and Offline Legal and Illegal Drugs	
Knowledge Knowledge	Pupils will explore the concept of conspiracy theories and forms of extremism. They will be looking at what terrorism is and the radicalisation process, as well as	Pupils have already looked at sexual consent and the law and will explore why people have sex. They will look at relationships, partners and domestic abuse and violence. They will also be aware of FGM, sexual harassment and stalking and the laws surrounding them. During this LP pupils will move onto Essential Life Skills looking at turning failures into successes, assertiveness, and social media online stress.	Pupils will finish this topic by looking at saving and managing money, understanding what Labour Market	Pupils will finish looking at <b>Body Confidence</b> by looking at cancer prevention and healthy lifestyles then exploring the penis and vulva before moving into their	Pupils will finish the year looking at the different types of addiction, cannabis products and drugs classifications. They will look at party drugs, volatile substance abuse and how the 'war on drugs' is being tackled on a global level.	
Procedural Knowledge	Reading and listening comprehension, discussion and debate.					
Key Vocab	Conspiracy, Extremist, Terrorism, Radicalisation, Counter Terrorism, Prevent, Ideology, Persecution, Zionism, Anti-Semitism.	Consent, Sexual, Harassment, Stalking, FGM, Success, Failure, Resilience, Passive, Assertive, Aggressive.	Banking, Finance, Expenditure, Labour Market, Financial Capability, Budgeting, Self-esteem, Advertisement, Bullying, Grief.	Symptom, Unprotected, Contraception, Pregnancy,	Addiction, Sugar, Cocaine, Cannabis, Legalised, Classification, Policy, Dangerous, Illegal, Volatile, Substance, Manufactured, Trafficked, Trade.	