

Year 10 PE

Learning Programme 2

Vocabulary to be taught using the frayer model

Loric for LP1 is Organisation

The values we are learning about are compassion and honesty

Compassion - sympathy and concern for the suffering or misfortunes of others

Honesty - being truthful and refraining from cheating or lying

What will I be learning about in this Learning Programme?

Pupils will create new defensive and attacking strategies to improve their team performance. Pupils should be able to recognise the importance of responding to changing situations within the game in attack and defence. Pupils will be constantly faced with strategic and tactical demands.

Where have I seen this learning before?

In LP1 you learnt about the component of fitness required to take part in team sports.

What could I use it for?

Students can use this skill to outwit an opponent and use at KS4/BTEC level when undertaking different unit of work. For example, at BTEC we conduct a unit called Unit 2 Technical and Tactical Demands which demonstrates the skills required to outwit an opponent. For example,

Attack, defence, technique, opponents, agility, outwit.

In LP2.1, I will know :	20/10/25 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
how to compare and contrast the different attacking principles through the use of width and speed; how to demonstrate a variety of passes with good accuracy, control and fluency; how to evaluate the effectiveness of my passing in a game situations.		I will show honesty by accepting the consequences for my mistakes.	Homework tasks are located in the Knowledge Organisers
In LP2.2, I will know :	03/11/25 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to compare defender positions in order to outwit opponents using advanced skills; how to develop team tactics of attack, including use space and playing forward; how to outwit a defender implementing strategic and tactical play.		I will show compassion by giving encouragement to others.	Homework tasks are located in the Knowledge Organisers
LP2 RLW, I will:	10/11/25 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
review my learning, recalling and applying key knowledge, focus on closing any gaps in my knowledge and prepare effectively for the upcoming assessments.			
In LP2.3, I will know :	17/11/25 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to demonstrate good ball control and maintain possession in competitive situations; how to explain the benefits of strategic and tactical approaches to outwit opponents; how to evaluate my own performance and adapt to changing game situations.		I will show honesty by listening to and accepting the views of others.	Homework tasks are located in the Knowledge Organisers
Extended Task			
In LP2.4, I will know :	24/11/25 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
how to replicate numerous defence skills including zonal and man-to-man marking; how to understand the benefits of strategic and tactical approaches to outwit opponents; how to evaluate my own performance and adapt to changing game situations. Complete PRT Task 1.		I will show compassion by asking someone how they are.	Homework tasks are located in the Knowledge Organisers
In LP2.5, I will know :	01/12/25 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to understand the positions and strategic formation used to prevent attack from opposition; how to develop strategic and tactical plays in a competitive situation.		I will show honesty by telling the truth about things.	Homework tasks are located in the Knowledge Organisers
In LP2.6, I will know :	08/12/25 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
assessment Task 1 - I will know how to demonstrate outstanding knowledge and understanding of the rules and regulations of a team sport; how to demonstrate skills and tactical decision making in a competitive game.		I will show compassion by actively listening and engaging with others.	Homework tasks are located in the Knowledge Organisers
Extended Task			
In LP2.7, I will know :	15/12/25 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to develop set plays within a game situation to defend and attack effectively; how to evaluate my performance in this learning programme and performance against the assessment grid; how to plan in small groups an activity to improve weaknesses identified in self-evaluation.		I will show honesty by being true to myself.	Homework tasks are located in the Knowledge Organisers
Resources to support learning:			
Teams and knowledge organisers.			
FFET Award Challenge for this Learning Programme:			
Watch different sporting events, games or races either in person or online and identify the key rules and regulations that officials follow in the game (e.g. a football referee)			

PRT Task 1

PRT Task 2