

Year 10 BTEC Sport Learning Programme 4

Reading texts that pupils will study
during the learning programme

Loric for LP4 is Initiative

The values we are learning about are integrity and gratitude

BTEC Sport Exam Questions

Integrity - Being honest and having strong moral principles

Gratitude- the quality of being thankful and showing appreciation

What will I be learning about in this Learning Programme?

I will know how to participate in sport and understand rules and regulations in sport.

Where have I seen this learning before?

In LP3 we developed an understanding of preparing participants to take part in physical activity.

What could I use it for?

LP5 I will continue to develop knowledge around rules, regulations and performance enhancement.

In LP4.1, I will know :	10/03/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
I will know how to participate in sport and understand rules and regulations; I will know different strategies and tactics in sport.		I will show integrity by expressing gratitude to others.	Homework tasks are located in the Knowledge Organisers
In LP4.2, I will know :	17/03/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
I will know and understand different isolated practices; I will know the benefits of isolated practices.		I will show gratitude by showing my appreciation when someone does something nice.	Homework tasks are located in the Knowledge Organisers
In LP4.3, I will know :	24/03/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
I will know skills and techniques typically used in isolated practice; I will know different practice sessions which includes competitive situations.		I will show integrity by taking responsibility for my actions whether they be good or bad.	Homework tasks are located in the Knowledge Organisers
Extended Task			
In LP4.4, I will know :	31/03/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
I will know how to demonstrate a range of skills/techniques; I will know and understand officiating in sports.		I will show gratitude by completing a random act of kindness.	Homework tasks are located in the Knowledge Organisers
In LP4.5, I will know :	21/04/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
I will know and understand the rules and responsibilities of officiating in sports; I will know and understand the rules and regulations in sport set by the NGB.		I will show integrity by being reliable and trustworthy.	Homework tasks are located in the Knowledge Organisers
In LP4.6, I will know :	28/04/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
I will know and understand the rules and regulations in sport such as: number of players, length of time play, additional time and rolling clock; I will know and understand the rules and regulations in sport such as: scoring system and playing system.		I will show gratitude by being respectful.	Homework tasks are located in the Knowledge Organisers
Extended Task			
In LP4.7, I will know :	05/05/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
I will know and understand the rules and regulations in sport such as: equipment and projective equipment; I will know and understand the rules and regulations in sport such as: starting and re-starting play, non-adherence to the rules.		I will show integrity by showing patience and flexibility when obstacles get in the way.	Homework tasks are located in the Knowledge Organisers

Resources to support learning:

P6, Class revision material, Teams.

FFET Award Challenge for this Learning Programme:

Watch different sporting events, games or races either in person or online and identify the key rules and regulations that officials follow in the game (e.g. a football referee).

