

Year 8 Technology Learning Programme 3

Reading texts that pupils will study during
the learning programme

Loric for LP3 is Resilience

The values we are learning about are respect and justice		Diet - BBC Bitesize
Respect - a feeling of deep admiration for someone or something elicited by their abilities, qualities or achievements Justice - fair behaviour or treatment		
What will I be learning about in this Learning Programme? Free From' diets. How to conduct a practical adhearing to health and safety practices.		
Where have I seen this learning before? Previous learning regarding the eatwell plate and how to conduct a practical		
What could I use it for? balanced diet and nutrients for a healthy diet		

In LP3.1, I will know :	06/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
identify what gluten free means; how gluten affects the body; how to cater for an intolerance.		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers

In LP3.2, I will know :	13/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how health is affected by food choices; how certain medical needs affect your diet.		I will show justice by speaking up when something is not right	Homework tasks are located in the Knowledge Organisers

In LP3.3, I will know :	20/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
how intolerances and allergies affect your diet choices; how intolerances affect your body; how intolerances are identified. Extended Task		I will show respect by being punctual and not wasting the time of others	Homework tasks are located in the Knowledge Organisers

In LP3.4, I will know :	27/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how a diet can be altered to cater for intolerances how macronutrients and micronutrients are used in the body; how to plan a free from menu.		I will show justice by being inclusive and accepting everyone regardless of our differences	Homework tasks are located in the Knowledge Organisers

In LP3.5, I will know :	03/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
how to assess my own learning; how to create a free from dish, following health and safety guidelines		I will show respect by taking care of the school property	Homework tasks are located in the Knowledge Organisers

In LP3.6, I will know :	10/02/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to assess my practical skills, using health and safety guidelines what ingredient replacements can be used how poor diet can induce illness. Extended Task		I will show justice by supporting others of seeking help when required	Homework tasks are located in the Knowledge Organisers

LP3 RLW, I will:	24/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
review my learning, recalling and applying key knowledge, focus on closing any gaps in my knowledge and prepare effectively for the upcoming assessments.		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers

In LP3.7, I will know :	03/03/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how illnesses affect your food choices.		I will show respect by recognising and celebrating the achievements of myself and others	Homework tasks are located in the Knowledge Organisers

Resources to support learning:

Why do people eat different things? - BBC Bitesize

FFET Award Challenge for this Learning Programme:

Create a balanced three course menu for the dining hall, account for specialised diets.

