

## Year 9 PSHE Learning Programme 3

Reading texts that pupils will study during the learning programme

Loric for LP3 is Resilience

The values we are learning about are respect and justice

Respect - a feeling of deep admiration for someone or something elicited by their abilities, qualities or achievements  
Justice - fair behaviour or treatment

What will I be learning about in this Learning Programme?

In this LP you will be looking at managing money and finance before moving onto body confidence.

Where have I seen this learning before?

You will have explored employability in Y8 whilst also looking at your physical health and mental well-being.

What could I use it for?

I will build upon my learning in this LP in every PSHE lesson throughout the rest of my time at BHA.

In LP3.1, I will know :	06/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
the link between mental health and social media usage; ; coping strategies to manage online stress and recognise that social media sometimes does not reflect real life;		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers
In LP3.2, I will know :	13/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
a variety of banking and financial key terms and understand the importance of saving money; the difference between essential and non- essential expenditure;		I will show justice by speaking up when something is not right	Homework tasks are located in the Knowledge Organisers
In LP3.3, I will know :	20/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
what labour market information (LMI) is and how it can be useful to me; a realistic picture of the labour market to help me make decisions about future careers. Extended Task		I will show respect by being punctual and not wasting the time of others	Homework tasks are located in the Knowledge Organisers
In LP3.4, I will know :	27/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
what financial capability and financial competence is; the importance of budgeting throughout a person's life.		I will show justice by being inclusive and accepting everyone regardless of our differences	Homework tasks are located in the Knowledge Organisers
In LP3.5, I will know :	03/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
the term self-esteem and explain how it impacts us; why people do not necessarily respond in the same way to similar situations.		I will show respect by taking care of the school property	Homework tasks are located in the Knowledge Organisers
In LP3.6, I will know :	10/02/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how photo editing and air brushing are contributing to a false sense of beauty; what it means to be body positive and body neutral and the impact advertisements are having on our self esteem. Extended Task		I will show justice by supporting others of seeking help when required	Homework tasks are located in the Knowledge Organisers
LP3 RLW, I will:	24/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
review my learning, recalling and applying key knowledge, focus on closing any gaps in my knowledge and prepare effectively for the upcoming assessments.		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers
In LP3.7, I will know :	03/03/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
the different forms of bullying and why people bully others; what HBT bullying is and the impact it can have on the victim.		I will show respect by recognising and celebrating the achievements of myself and others	Homework tasks are located in the Knowledge Organisers



Resources to support learning:

Use suggested websites. For support, please see your School Nurse, AR teacher, Learning Coach or Head of Learning to organise a time to discuss.

**FFET Award Challenge for this Learning Programme:**

Attend an extra-curricular club, represent the academy at an event, attend an enrichment day, receive a subject praise postcard, attend a day trip, attend a head of year breakfast or afternoon tea, achieve 100 positive points on class charts, receive a letter of commendation from SLT, be invited to a wonderful Wednesday, receive a principals letter or be invited to a principals lunch, attend a residential trip, achieve the Duke of Edinburgh bronze award.