

## Year 10 PSHE Learning Programme 3

Reading texts that pupils will study during the learning programme

Loric for LP3 is Resilience

The values we are learning about are respect and justice

Respect - a feeling of deep admiration for someone or something elicited by their abilities, qualities or achievements

Justice - fair behaviour or treatment

What will I be learning about in this Learning Programme?

In this LP you will be looking at social media and how our data is used before exploring how screen time can impact our mental health.

Where have I seen this learning before?

In Y9 you will have looked at body confidence and the influence of social media on our self-esteem.

What could I use it for?

I will build upon my learning in this LP in every PSHE lesson throughout the rest of my time at BHA.

In LP3.1, I will know :	06/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
a variety of employment rights and responsibilities in the UK; about the gender pay gap in society;		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers
In LP3.2, I will know :	13/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
what marriage is and what marriage is not; the legal position of gay marriage across different countries in Europe;		I will show justice by speaking up when something is not right	Homework tasks are located in the Knowledge Organisers
In LP3.3, I will know :	20/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
the link between body image and social media; how highly edited social media can distort our views on the real world. Extended Task		I will show respect by being punctual and not wasting the time of others	Homework tasks are located in the Knowledge Organisers
In LP3.4, I will know :	27/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
the three main types of targeted advertisements and explain how they work; the role of the advertising standards agency (ASA).		I will show justice by being inclusive and accepting everyone regardless of our differences	Homework tasks are located in the Knowledge Organisers
In LP3.5, I will know :	03/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
what mental health and mental illness is and explore different types of mental illnesses; what you can do to help someone with their mental health.		I will show respect by taking care of the school property	Homework tasks are located in the Knowledge Organisers
In LP3.6, I will know :	10/02/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how technology and social media can negatively impact your mental health; the impact screen addiction is having on society. Extended Task		I will show justice by supporting others of seeking help when required	Homework tasks are located in the Knowledge Organisers
LP3 RLW, I will:	24/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
review my learning, recalling and applying key knowledge, focus on closing any gaps in my knowledge and prepare effectively for the upcoming assessments.		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers
In LP3.7, I will know :	03/03/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
that self-harm is a behaviour and not an illness; that some people who self-harm are trying to communicate that they are distressed.		I will show respect by recognising and celebrating the achievements of myself and others	Homework tasks are located in the Knowledge Organisers
Resources to support learning:			
Use suggested websites. For support, please see your School Nurse, AR teacher, Learning Coach or Head of Learning to organise a time to discuss.			
FFET Award Challenge for this Learning Programme:			
Attend an extra-curricular club, represent the academy at an event, attend an enrichment day, receive a subject praise postcard, attend a day trip, attend a head of year breakfast or afternoon tea, achieve 100 positive points on class charts, receive a letter of commendation from SLT, be invited to a wonderful Wednesday, receive a principals letter or be invited to a principals lunch, attend a residential trip, achieve the Duke of Edinburgh bronze award.			

