

# Year 9 PE

## Learning Programme 3

Reading texts that pupils will study during the learning programme


Loric for LP3 is Resilience

The values we are learning about are respect and justice	Exam Questions to prepare them for KS4 Btec Sport
Respect - a feeling of deep admiration for someone or something elicited by their abilities, qualities or achievements Justice - fair behaviour or treatment	
What will I be learning about in this Learning Programme? In LP2 you will continue to master your fundamental movement skills and knowledge of team games. LP3 will see you explore a new team game and the rules, regulations and scoring systems in that sport. Where have I seen this learning before? In LP1 you learnt about the component of fitness required to take part in team sports.	
What could I use it for? Students can use this skill to outwit an opponent and use at KS4/BTEC level when undertaking different unit of work. For example, at BTEC we conduct a unit called Unit 2 Technical and Tactical Demands which demonstrates the skills required to outwit an opponent. For example	

In LP3.1, I will know :	06/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
how to demonstrate different attacking principles through the use of width and speed; how to demonstrate a variety of passes with accuracy, control and fluency; how to evaluate the effectiveness of my passing in a game situations.		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers

In LP3.2, I will know :	13/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to demonstrate effective attacker using dodging, speed and agility to outwit a defender how to develop team tactics of attack, including use space and playing forward; how to outwit a defender implementing strategic and tactical play		I will show justice by speaking up when something is not right	Homework tasks are located in the Knowledge Organisers

In LP3.3, I will know :	20/01/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
how to demonstrate good ball control and maintain possession in some competitive situations how to explore the benefits of strategic and tactical approaches to outwit opponents how to evaluate my own performance and adapt to changing game situations		I will show respect by being punctual and not wasting the time of others	Homework tasks are located in the Knowledge Organisers
Extended Task			




In LP3.4, I will know :	27/01/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to explore numerous defence skills including zonal and man-to-man marking how to learn the benefits of strategic and tactical approaches to outwit opponents how to evaluate my own performance and adapt to changing game situations. Complete PRT Task 1		I will show justice by being inclusive and accepting everyone regardless of our differences	Homework tasks are located in the Knowledge Organisers

In LP3.5, I will know :	03/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
how to explore the positions and strategic formation used to prevent attack from opposition; how to demonstrate strategic and tactical plays in a competitive situation.		I will show respect by taking care of the school property	Homework tasks are located in the Knowledge Organisers

In LP3.6, I will know :	10/02/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to demonstrate outstanding knowledge and understanding of the rules and regulations of a team sport how to demonstrate skills and tactical decision making in a competitive game		I will show justice by supporting others of seeking help when required	Homework tasks are located in the Knowledge Organisers
Extended Task			

LP3 RLW, I will:	24/02/2025 - (WK 2)	Behaviour to support the values: STEPS/SLANT	Homework
review my learning, recalling and applying key knowledge, focus on closing any gaps in my knowledge and prepare effectively for the upcoming assessments.		I will show respect by actively listening to others	Homework tasks are located in the Knowledge Organisers



In LP3.7, I will know :	03/03/2025 - (WK 1)	Behaviour to support the values: STEPS/SLANT	Homework
how to explore set plays within a game situation to defend and attack effectively how to evaluate my performance in this learning programme and performance against the assessment grid how to plan in small groups an activity to improve weaknesses identified in self-evaluation.		I will show respect by recognising and celebrating the achievements of myself and others	Homework tasks are located in the Knowledge Organisers

<b>Resources to support learning:</b>
Teams and knowledge organisers.
<b>FFET Award Challenge for this Learning Programme:</b>
Create a list of the components of fitness required for different sports throughout this LP.