

Year 7 PE Learning Programme 5

Reading texts that pupils will study during the learning programme

Loric for LP5 is communication

The value we are learning about is **Compassion**:
Compassion - demonstrating care and concern for others

Simplified Rules - Rounders; Cricket Incident; Baseball Facts

What will I be learning about in this Learning Programme?

LP5 will see you develop your fundamental skills of throwing and catching in striking and fielding sports including rounders, cricket and baseball.

Where have I seen this learning before?

In LP3/4 you learned the fundamental movement skills of throwing and catching. These skills are transferable to LP5 where you will look at ways to improve your accuracy and power when throwing and consistency when catching.

What could I use it for?

In BTEC sport Unit 5 you will look at the sports performer in action and how the body works in sport. It is important that you have a good understanding of numerous sports to be able to make accurate athlete comparisons in your coursework.

In LP5.1, I will know:	20/05/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
what I will be learning during this LP and ORGANISE how I will be assessed throughout the LP; the correct technique for controlling and catching the ball why ball control is important in a game situation			Coordination, Control, Hand Placement, Eyes on Ball	
In LP5.2, I will know:	03/06/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
the principles of under and over arm throws how power is increased when throwing under and over arm throws in practice situations			Action, Body Position, Direction, Accuracy, Power	
In LP5.3, I will know:	10/06/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
the principles of bowling how power and spin can be developed when bowling under and over arm bowling Extended Task			Technique, Hand Position, Support, Accuracy, Coordination, Action, Power	
In LP5.4, I will know:	17/06/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
the principles of batting; how accuracy can be improved when batting batting technique in practice situation			Balance, Placement, Power, Hand Positioning, Body Positioning, Reaction, Accuracy	
In LP5.5, I will know:	24/06/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
how striking and fielding techniques can effect performance in a game how to review your own throwing, bowling, batting and catching techniques how to recommend valid improvement to performance in two striking and fielding techniques			Running speed, Agility, Balance, Hand Eye Coordination, Assess, Areas for Improvement	
In LP5.6, I will know:	01/07/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
the basic rules and regulations of a striking and fielding game the scoring system for a striking and fielding game how to demonstrate understanding of the basic rules in a game situation. Extended Task			Rules, Regulations, Scoring System	
In LP5.7, I will know:	08/07/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
how to replicate basic striking and fielding techniques how to review your own striking and fielding techniques and how this impacts on a game			Throwing, Catching, Rolling, Stopping, Communication, Direction, Timing, Hand Placement	
In LP5.8, I will know:	15/07/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
how to recommend valid improvement to performance in two striking and fielding techniques			Throwing, Catching, Rolling, Stopping, Communication, Direction, Timing, Hand Placement	



Resources to support learning:

England Rounders, England Cricket, Topend Sports

FFET Award Challenge for this Learning Programme:

Attend an extra-curricular club, represent the academy at an event, attend an enrichment day, receive a subject praise postcard, attend a day trip, attend a head of year breakfast or afternoon tea, achieve 100 positive points on class charts, receive a letter of commendation from SLT, be invited to a wonderful Wednesday, receive a principals letter or be invited to a principals lunch, attend a residential trip, achieve the Duke of Edinburgh bronze award.