

Year 10 Health & Social Care Learning Programme 5

Reading texts that pupils will study during the learning programme

Loric for LP5 is communication

The value we are learning about is **compassion**

Compassion - Sympathy and concern for the suffering or misfortunes of other

What will I be learning about in this Learning Programme?

The impacts on health and wellbeing throughout the life stages, from Infancy (0-2) through to Later Adulthood (65+)

Where have I seen this learning before?

Component 1 and 2 knowledge when looking at: the understanding of the life stages, the potential obstacles that exist, what different health conditions and support types are available to support service users

What could I use it for?

Understanding the factors impacting people in everyday life, supporting my future career within the health and/or social care sector, observing the world through a person-centred lens, examining the potential struggles and obstacles people face that I was previously unaware of.

Care Quality Commission reports, BBC news articles, Sedentary lifestyle peer reviewed journal, Other higher level articles to introduce to educational documents.

In LP5.1, I will know:	20/05/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
what component 3 contains; what the external exam may look like what is an infant				
In LP5.2, I will know:	03/06/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
what defines childhood and its experiences what is the health and wellbeing of an adolescent who early adults are.			puberty, PIES, sexual characteristics, social isolation and interaction, health, wellbeing	
In LP5.3, I will know:	10/06/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
what middle adulthood is; later adulthood - a new beginning or the end of life; what are genetics and how we inherit them. Extended Task			Menopause, OAP, retirement, family values, bonds	
In LP5.4, I will know:	17/06/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
what are experiences of illness and diseases what the ideal diet for the different life stages; how lifestyle choices define or impact life stages.			disease, illness, death, carbohydrates, proteins, calories, processed food, digestion	
In LP5.5, I will know:	24/06/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
if our appearance is that important; what our culture is; what the purpose of education is and how it helps.			Looks, self esteem, self concept, social expectations, culture, religion, integration	
In LP5.6, I will know:	01/07/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
who role models are; if isolation is detrimental to our development; how we define relationships. Extended Task			role models, socially acceptable, british values, sexism, racism, society, isolation, social belonging, fair relationships	
In LP5.7, I will know:	08/07/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
what constitutes our income or wealth; why material possessions have such an influence; what a physical event is.			Income, values, wealth, possessions, life events, influential.	
In LP5.8, I will know:	15/07/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
experience week.				
Resources to support learning:				
Teams, Pearson's online guides, other resources such as BBC news, ZIGZAG Health and Social Care Walkthrough, Youtube explanations provided by the NHS.				
FFET Award Challenge for this Learning Programme:				
Attend an extra-curricular club, represent the academy at an event, attend an enrichment day, receive a subject praise postcard, attend a day trip, attend a head of year breakfast or afternoon tea, achieve 100 positive points on class charts, receive a letter of commendation from SLT, be invited to a wonderful Wednesday, receive a principals letter or be invited to a principals lunch, attend a residential trip, achieve the Duke of Edinburgh bronze award.				

