

Year 8 PHSE Learning Programme 4

Reading texts that pupils will study during the learning programme

Loric for LP4 is Initiative

The value we are learning about is **Justice and Integrity**:

Justice- Fair behaviour or treatment

Integrity- Being honest and having strong moral principles

What will I be learning about in this Learning Programme?

In this LP we are learning about all aspects of Personal Social Health Economic education (PSHE). We will look at the main aspects of social media, racism, hate crime, sleep, LGBTQ+.

Where have I seen this learning before?

We considered some of the main PHSE topics in year 7 when we studied sleep and relaxation (Y7).

What could I use it for?

You will build upon your learning in this LP in every PSHE lesson throughout the rest of your time at BHA, so you will add to this knowledge lesson-by-lesson.

Week 2 - Choose one information sheet about social media. Week 5 - Sleep. Both can be found in the resource booklet.

In LP4.1, I will know:	11/03/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
about evaluating social media and how to use it responsibly.			social media, Facebook, snapchat, YouTube, (X) twitter, Tik Tok	
In LP4.2, I will know:	18/03/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
what racism is, not becoming involved in any types of racist behaviour and the consequences.			unconscious bias, ethnicity, race, religion	
In LP4.3, I will know:	08/04/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
about hate crime in the UK, not becoming involved in any types and the consequences.			free speech, law	
Extended Task				
In LP4.4, I will know:	15/04/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
about life without sleep and how this is linked to wellbeing.			routine, myths, wellbeing, stress	
In LP4.5, I will know:	22/04/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
about what LGBTQ+ is.			LGBTQ+, equality	
In LP4.6, I will know:	29/04/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
about homophobia in schools, not becoming involved in any types of homophobic behaviour and the consequences.			homophobia, discrimination	
Extended Task				
In LP4.7, I will know:	06/05/24 - (WK 1)	PR Focus	Key Vocabulary	Homework
about supporting those who are LGBTQ+.			discrimination, LGBTQ+	
In LP4.8, I will know:	13/05/24 - (WK 2)	PR Focus	Key Vocabulary	Homework
about challenging homophobia in schools, not becoming involved in any types of homophobic behaviour and the consequences.			equality, homophobia, discrimination	
Resources to support learning:				
Use suggested websites. For support, please see your AR teacher, Learning Coach or Head of Year to organise a time to discuss.				
FFET Award Challenge for this Learning Programme:				
Attend an extra-curricular club, represent the academy at an event, attend an enrichment day, receive a subject praise postcard, attend a day trip, attend a head of year breakfast or afternoon tea, achieve 100 positive points on class charts, receive a letter of commendation from SLT, be invited to a wonderful Wednesday, receive a principals letter or be invited to a principals lunch, attend a residential trip, achieve the Duke of Edinburgh bronze award.				

PRT Task 1

PRT Task 2