

Weekly Menu

WEEK THREE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Fresh and Creamy Chicken and Broccoli Pasta Bake	Mince Lamb and Vegetable Madras Curry & Rice	Chinese Style Sweet and Sour Chicken with Noodles	Authentic Italian Minced Lamb Lasagne	Deep Fried Fish Served with Lemon and Tartar Sauce
MAIN MEAL CHOICE	Home Made Beef Burger on a Bun with a Tangy Relish	Home Made Oven Baked Meat and Potato Pie	Traditional Roast Beef Served with a Yorkshire pudding	Spicy Mexican Style Chicken and Vegetable Enchiladas'	Fresh Oven Baked Assorted Quiche slices
VEGETARIAN CHOICE	Spicy Vegetable and Lentil Curry Served with Wholegrain Rice Filled Jacket Potatoes	An Assortment of French Bread Pizza Slices Filled Jacket Potatoes	Fresh and Creamy Cauliflower and Broccoli Cheese Filled Jacket Potatoes	Mushroom Stroganoff Served with Boiled Rice Filled Jacket Potatoes	Various Filled Jacket Potatoes
VEGETABLES AND POTATOES	Jacket Wedges Garden Peas Baked Beans Mixed Garden Salad	Spicy Diced Potatoes Green Beans Sweetcorn Baked Beans Mixed Garden Salad	Roast Potatoes Fresh Curly Kale Diced Carrots Baked Beans Mixed Garden Salad	New Potatoes Roasted Mixed Veg Broccoli Florets Baked beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
	Hot Sweet of the Day Fresh Fruit Salad	Hot Sweet of the Day Fresh Fruit Salad	Hot Sweet of the Day Fresh Fruit Salad	Hot Sweet of the Day Fresh Fruit Salad	Hot Sweet of the Day Fresh Fruit Salad

Available Daily:, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Snack choice, Cold Desserts and Tray Bakes

