

## Subject – Physical Education

**Subject Leader: Mr Jenkins**

**Subject teachers: Mr Ashman, Miss Bloore, Mrs Adlington, Miss Graffy**

**Department aims:** To inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. Provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The Physical Education department aims to develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy, active lives.

### KS3

Pupils are taught to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis] Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]. Perform dances using advanced dance techniques within a range of dance styles and forms. Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best. Take part in competitive sports and activities outside school through community links or sports clubs.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Before School</u></b> <b><u>(7.45-8.25am)</u></b> Whole school briefing</p>	<p><b><u>Before School</u></b> <b><u>(7.45-8.25am)</u></b> Whole school year meetings</p>	<p><b><u>Before School</u></b> <b><u>7.45-8.25am)</u></b> Dodgeball (Mr Jenkins) Sports hall</p>	<p><b><u>Before School</u></b> <b><u>(7.45-8.25am)</u></b> Benchball (Miss Bloore) Sports hall</p>	<p><b><u>Before School</u></b> <b><u>(7.45-8.25am)</u></b> Basketball (Mr Ashman) Sports hall</p>
<p><b><u>Lunchtime</u></b> <b><u>(12pm-12.30pm)</u></b> 7/8 Football (Mr Jenkins / Mr Maloney) Sports hall</p>	<p><b><u>Lunchtime</u></b> <b><u>12pm-12.30pm)</u></b> Netball (Miss Bloore/Miss Graffy) Sports hall</p>	<p><b><u>Lunchtime</u></b> <b><u>(12pm-12.30pm)</u></b> 9/10 Football (Mr Ashman) Sports hall</p>	<p><b><u>Lunchtime</u></b> <b><u>(12pm-12.30pm)</u></b> Hockey (Miss Bloore/Miss Graffy) Sports hall</p>	<p><b><u>Lunchtime</u></b> <b><u>(12pm-12.30pm)</u></b> Table tennis (Mr Ashman) Drama  Running club (Mrs Underwood)</p>
<p><b><u>After School</u></b> <b><u>(2.50pm-3.50pm)</u></b> Netball (Miss Bloore) Front yard  Year 7 &amp; 8 Dance club (Miss Adlington)</p>	<p><b><u>After School</u></b> <b><u>(2.50pm-3.50pm)</u></b> No clubs due to staff meetings</p>	<p><b><u>After School</u></b> <b><u>2.50pm-3.50pm)</u></b> Mother and daughter sports (Miss Bloore)  All year groups open dance club to rehearse for Winter Show (Miss Adlington)</p>	<p><b><u>After School</u></b> <b><u>(2.50pm-3.50pm)</u></b> Boys Football (Mr Ashman / Mr Jenkins) Fields /Sports hall  Girls Football (Miss Bloore) Front Yard  Dance club + BTEC P6 by appointment (Miss Adlington)</p>	<p><b><u>After School</u></b> <b><u>(2.50pm-3.50pm)</u></b> Rugby (Mr Jenkins) Fields  Hockey (Miss Bloore) Sports hall</p>

## **KS4**

Pupils are taught to use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]. Develop their technique and improve their performance in other competitive sports,[for example, athletics and gymnastics], or other physical activities [for example, dance]. Take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best. Continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.

## **How Can I support my child's learning in PE?**

By ensuring that your child has the appropriate Birches Head Academy kit (blue polo, blue hoodie, black or blue tracksuit bottoms or shorts and appropriate footwear). As a department we encourage pupils to take part in physical activity outside of school.

For those Year 10 and 11 pupils studying NQF BTEC Sport pupils should access the Homework page on the Gateway. There are number of past papers and assignment briefs for pupils to complete at home.

### **Useful websites**

[www.btecsport.co.uk](http://www.btecsport.co.uk)

[www.pe4learning.co.uk](http://www.pe4learning.co.uk)

[www.youtube.com/MrBPE](http://www.youtube.com/MrBPE)